



The Barrister

School News

Service Hours

Each STMS family is required to volunteer 20 hours per school year. You can sign up on Sign-Up genius at: www.tinyurl.com/stms2016-17. Please make sure to use the arrows at the top of the page to see all of the available areas to volunteer. Links to sign ups for classroom parties and field trips will be posted in several weeks.

Weis Center Volunteers Needed

Preschool and Pre-K need volunteers for lunch duty. Use the link above for Sign-Up Genius. All volunteers must be VIRTUS trained.

Join the School Advisory Council or the Parents Association

Learn about/submit your name for open positions on the School Advisory Council or Parent Association. See attached for information. If you are interested in putting your name in for either, contact Noreen Bickel at nbickel@stm-school.com or 219-836-9151 x330.

New Parent Portal

We have a new School Information System and Parent Portal. Information will be given out at the Back to School Nights - August 24th, Grades 1-4 and August 25th, Grades 5-8.

VIRTUS Training

VIRTUS training will be held in the Solar Room at St. Thomas More School on **Wednesday, August 24th at 6:00p.m.** You must be VIRTUS trained to volunteer in our school/parish. Email Laura Brockway at lbrockway1@gmail.com to reserve your seat for training. Please arrive promptly and enter through the gym doors under the carport.

Girls On The Run

Girls in grades 3 to 5 must be registered online by Sunday, August 21st. See page 5 for more details.

"James and The Giant Peach Jr." Call Outs

Call outs will be Monday, August 22nd and Wednesday, August 24th in the church, 3:15-4:00p.m. Interested students only need to attend one day. Pick up will be in the church parking lot.

Auditions will be August 29th, 30th and 31st in the Solar Room 3:15-5:30p.m. Students only need to attend one day. Callbacks for those called back will be Friday, September 2nd in the Solar Room, 3:15-5:30p.m. Pick up will be in the north parking lot.

Register to be a Bone Marrow Donor

You can save a life!

Saturday, August 20th 4:30-8:00p.m.

Sunday, August 21st 9:00-2:00p.m.

St. Thomas More Cafeteria

For information, go to: www.stm-school.com. Can not make it to the Bone Marrow Drive? Register online at dkms.org.

Weekly Calendar

- August 20/21** Register to be a Bone Marrow Donor Saturday 4:30 to 8:00p.m. and Sunday 9:00a.m. to 2:00p.m. in the cafeteria.
- August 22** Picture Day
Wear your favorite outfit (no uniforms today).
Forms were sent home. See page 5 for note.
- August 24** Back to School Night (Grades 1-4) Meet in the gym at 7p.m. then go to your child's classroom to meet the teacher and receive information concerning this school year.
- August 25** Back to School Night (Grades 5-8) Meet in the gym at 7p.m. then go to your child's classroom to meet the teacher and receive information concerning this school year.
- August 26** Back to School Pool Party
Munster Community Pool 6:00-8:00p.m.
Free to all STMS students & their family
- September 2** Spirit Wear Day
Check the Student Handbook for guidelines
- September 5** Labor Day - No School
- September 17** Middle School Dance 7:00-9:00p.m.
7th/8th Grade in the Gym
- September 18** Catechetical Sunday- 10:00a.m. Mass
- September 20** Parent Confirmation Meeting 7:00p.m.
Church
- September 27** Student Council Induction 7:00p.m. Gym
- October 3** Cancer Awareness Wear Pink Day \$1
- October 8** Burgers and Brews 5:30-10:00p.m.
Wicker Park

FAQ

Do we have late start on Thursdays?

Yes, school will begin at 8:30a.m. on Thursdays. Teacher will adjust the first period to reflect the late start.

Athletics

Volleyball 2-Ball Competition

Registration form is due August 20th. Email the form (attached) to kinpower21@gmail.com. 5th & 6th Grade Preliminaries -August 21st, 6:00 -7:30p.m., 7th & 8th Grade - 7:30-9:00p.m. The top 3 teams from each grade level will advance to the finals on Volleyball Appreciation Night, September 10th.



St. Thomas More School Weekly News • August 19, 2016

The Barrister

Prayer For The New School Year

Dear Lord, As we begin this new school year, we gather once again as your community of believers. We thank you for the energy and the spirit that you renewed in us through the summer months. We thank you for the time to enjoy our family and friends and to reflect on what is important in our lives.

Let this year be marked by enthusiasm and love so that, with the inspiration of your Spirit, we may continue to grow in our faith. Help us to fulfill Your hope for us with honest intentions and works of faith. Let us be gentle with ourselves and bring laughter, joy and love to others.

We ask this in your name. Amen.

Do you own a business??
Do you work for a business
with a Facebook page??

Please have your business/employer page like us at:
www.facebook.com/St.ThomasMoreMunster!!
(St. Thomas More Catholic Church and School-Munster, IN)
We'll like your business page in return,
let's help promote each other!

School News Cont.

Gym Shirt/Sweatshirt Orders

Orders for gym shirts and sweatshirts will be taken until Wednesday, August 24th. See page 6 for the form.

Parent Association Raffle

The St. Thomas More School Raffle will be later in the year. Information will be sent home in the next few months.

TRIP News

T.R.I.P. orders are processed every other week. Some weeks orders may be processed on Tuesday due to holidays-those weeks orders will be sent home or available for pick up Thursday afternoon after 3:00p.m.

Please make note of the processing dates:

- August 22
 - September 6 (Tuesday), 20 (Tuesday)
 - October 3, 17, 31
 - November 14, 28
 - December 5, 12, 19 (Last order date before Christmas break.)
 - January 9, 23
 - February 6, 21 (Tuesday)
 - March 6, 20
 - April 3, 10 (last date before Easter), 24
 - May 8, 22 (last date before summer break)
- Questions? Please contact Lisa at stmstrip@gmail.com.



**BURGERS
AND
BREWS
2016**

Save
THE DATE

SATURDAY
OCTOBER 8th
5:30 pm-10:00 pm

On October 8th, Wicker Memorial Park will play host to Northwest Indiana's premier burger cook off. The inaugural battle will bring together the best local competitors to serve up burgers for attendees and judges. A panel of judges will vote to crown the **Best Burger Champion of 2016** and attendees will vote for **People's Choice Award**. Guests will also enjoy tastings from local craft breweries. Live music and activities will run throughout the event. Proceeds will benefit St. Thomas More School.

VIP \$80 (Presale \$75)
GENERAL \$55 (Presale \$50)
Designated Driver \$25

WICKER MEMORIAL PARK
Highland, Indiana

burgersandbrewsnwi
Like us on Facebook
for more information
and updates



Week of August 22, 2016

Weekly Menu

Daily Menu

Monday, August 22

Chicken Nuggets
Macaroni & Cheese
Broccoli/Edamame
Mixed Fruit, Milk

Monday Volunteers

Suzanne Caceres
Jennifer Sisson
Luis Pena

Tuesday, August 23

Hamburger/Cheeseburger
Lettuce/Tomato Slice
French Fries, Pickle Spear
Peaches, Pudding Choice, Milk

Tuesday Volunteers

Victoria Kemp
Katie Fesko
Christina Irvin

Wednesday, August 24

Pizza Choice:
Pepperoni or Cheese
Mixed Salad/Corn
Pears/Raisins, Milk

Wednesday Volunteers

Brandy Huss
Jaimie Narantic
Laura Guerrero-Gay

Thursday, August 25

Beef Tacos-Hard /Soft
Lettuce/Cheese
Tater Tots
Applesauce, Milk

Thursday Volunteers

Chris Balbo
Alice Balbo
Anita Madrigal

Friday, August 26

Bosco Sticks
Marinara Dip
Mixed Salad
Pineapple Tidbits
Jell-O, Milk

Friday Volunteers

Chris Tumacler
Susan Payne
Xiaoli Yang

Ala Carte

Salads: Large - \$2.50/Small—\$2.00
Yogurt: \$.70
Milk: \$.50
Water: \$.50

Reminders

- **Menu subject to change**
- **Hot Lunch Prices:**
Student - \$ 2.20
Adult - \$ 2.85
- **Cash or Check Payments Accepted**
Checks made out to STM are accepted.
- **Families with more than one student:**
Eating hot lunch are encouraged to send in ONE check (or cash) in one envelope.
Money will be divided between siblings accordingly.
- **There is a \$10.00 charge limit per account**
If students do not bring in money after 5 charges, they will not be allowed in the hot lunch line until payment is made. However, students will be offered a cheese sandwich if they have nothing else to eat.
- **Students should turn in payment in a SEALED envelope labeled as follows:**

Lunch Money
Student's First & Last Name
Homeroom Teacher's Name
Amount Enclosed
- Check the St. Thomas More School website for the Monthly Menu under the tab: "Student/Nutrition".
- Check the weekly Barrister for the weekly menu and volunteer list.
- Go to www.myschoolbucks.com to check your student's account balances and to make credit card payments.

Register Now for Girls on the Run at STMS

Dear 3rd, 4th, 5th Grade Families,

We are pleased to announce that St. Thomas More School will be offering **Girls on the Run** this fall for grades 3rd to 5th.

Girls on the Run is a 501(c)3 non-profit organization dedicated to creating a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams. Details about the program are as follows:

What is the Girls on the Run program? Girls on the Run is for 3rd-5th grade girls and is a non-competitive, curriculum-based program designed to build self-esteem and educate about issues affecting girls every day. The girls play fun games to encourage physical movement and each lesson is centered on an age relevant theme, such as Healthy Nutrition, Gossiping, Bullying, and How to Stand up for Yourself. The girls complete a community-service project and participate in a non-competitive 5k race, the culminating event for the program.

What does Girls on the Run do? One girl put it this way, "I learned that I am the boss of my brain." Helping girls take charge of their lives and define the future on their terms. You can also think of it as Can University—a place where girls learn that they can. No limits. No constraints - only opportunities to be remarkable.

How does Girls on the Run play a role in our girls' lives? Lots of ways, but we start with helping the girls get a better understanding of who they are and what's important to them. Then we look at the role of teams and healthy relationships. And, finally, we explore how girls can positively connect with and shape the world. And, we have fun too.

Do girls need to like running to sign up for the program? No, we are not a typical running program. We encourage our girls to run, walk, hop, skip and jump throughout practice and all the way to the finish line. The focus is not on speed or winning, but on achieving your personal best. Girls of all shapes, sizes, and abilities are encouraged to join the program.

How long is the program? Our season is 10 weeks long; we meet twice a week, typically for 90 minutes. Our Fall season begins August 29 and goes through November 3.

What days/times does the program meet? Program practices will be held every Monday and Thursday from 5:00 to 6:30 p.m. at the Wicker Park. These days and times are subject to change based on coach availability.

When is the end of the program 5K race? The Girls on the Run 5k race will be held November 6 at Wolf Lake in Hammond, IN at 3:00 p.m. (Girls will need to arrive by 1:00 p.m. Please note: This is the Sunday before fall break.) This celebratory, non-competitive event is the culminating experience of the curriculum. Completing the 5k gives the girls a tangible understanding of the confidence that comes through accomplishment as well as a framework for setting and achieving life goals. Crossing the finish line is a defining moment when the girls realize that even the seemingly impossible IS possible.

Is it safe for young girls to run the 5K (3.1-mile) distance? "Children's bodies are well suited for endurance exercise, and numerous studies have shown that children show many positive physiological adaptations to endurance exercise training. The keys are gradual progression and common-sense adult supervision. If those conditions are met, running 3 miles is a reasonable goal for most young people." - *Russell R. Pate, Ph.D., Department of Exercise Science, University of South Carolina.*

What does the program cost? Thanks to generous donor support, we are able to offer the program for \$155 per girl, with a liberal sliding-scale to ensure that every girl who wishes to participate can do so, regardless of her family's economic situation. The fee schedule is available on the registration form at www.gotrofnwi.org

What does the registration fee include? Girls receive 10 weeks of lessons twice a week from trained Girls on the Run coaches. In addition to the materials to participate in the program, each girl is given a Girls on the Run water bottle, a healthy snack at each practice, a Girls on the Run t-shirt, free entry into the season-end 5k, a 5k finisher's ribbon and participation in an end-of-season team celebration.

How do I register my 3rd, 4th, 5th grade girl? Registration must be done online by visiting www.gotrofnwi.org between **August 12 and August 21**. Please note, there is only availability for 40 girls. Girls will be selected via lottery by Girls on the Run administration.

Unfortunately, due to low interest, STM will not have a Heart and Sole Program this fall for 6th through 8th grade girls. If interest picks up, there is the possibility we gather a team in the spring.

Girls on the Run coaches will be available to answer additional questions at the Back to School Fair August 13 and 14 from 9:00 am to 1:30 p.m.

Free class photo with any package order!

(*Available with packages 1-5)**



Class Photo will come at a later date after photo re-takes are completed!

If you would like to purchase your class composite separately, Please enter "Z" in the designated package area.

Each Class composite will cost **\$10.00.**

Free class photo with any package order!

(*Available with packages 1-5)**



Class Photo will come at a later date after photo re-takes are completed!

If you would like to purchase your class composite separately, Please enter "Z" in the designated package area.

Each Class composite will cost **\$10.00.**

2016-2017 GYM SHIRT/SWEATSHIRT ORDER FORM

All prices subject to change after August 2016.

Child's/children's last name _____

GYM SHIRTS

All children must have a gym shirt. They are white or maroon with a block for their name.

SIZE	PRICE	NAME TO BE WRITTEN ON SHIRT*	16/17 GRADE	TEACHER	QUANTITY	TOTAL
YOUTH SMALL	\$5.00					\$
YOUTH MEDIUM	\$5.00					\$
YOUTH LARGE	\$5.00					\$
YOUTH X-LARGE	\$5.00					\$
ADULT SMALL	\$5.00					\$
ADULT MEDIUM	\$5.00					\$
ADULT LARGE	\$5.00					\$
ADULT X-LARGE	\$5.00					\$

TOTAL GYM SHIRTS

\$ _____

**PLEASE PRINT CLEARLY SO WE CAN WRITE THE NAME ON THE SHIRT.*

SWEATSHIRTS

Uniform sweatshirts are maroon with the STMS crest embroidered in white/gold.

SIZE	PRICE	NAME (FOR DELIVERY)	16/17 Grade	QUANTITY	TOTAL
YOUTH SMALL	\$20.00				\$
YOUTH MEDIUM	\$20.00				\$
YOUTH LARGE	\$20.00				\$
YOUTH X-LARGE	\$20.00				\$
ADULT SMALL	\$20.00				\$
ADULT MEDIUM	\$20.00				\$
ADULT LARGE	\$20.00				\$
ADULT X-LARGE	\$20.00				\$
ADJULT XX-LARGE	\$22.00				\$

TOTAL SWEATSHIRTS

\$ _____

TOTAL ORDER (GYM SHIRTS & SWEATSHIRTS)

\$

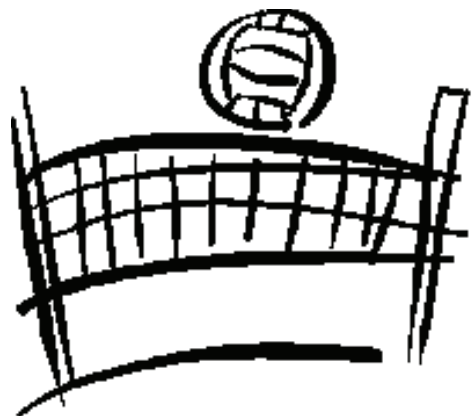
ST. THOMAS MORE
2-BALL VOLLEYBALL SERVING COMPETITION AND
VOLLEYBALL APPRECIATION NIGHT

Find a partner and register for St. Thomas More's first Volleyball 2-ball serving competition! This contest is open to all girls & boys in grades 5-8. Turn in this registration at the back-to-school fair, or email your name, partner's name and grade level to kimpower21@gmail.com, then show up at the STM Gym for 2-ball Serving Competition preliminaries on August 21. You and your partner will each get to serve 10 balls, over or underhand, into zones marked on the court. Each zone has a point value. Points will be totaled and the top 3 teams from each grade level for both boys and girls will advance to the finals that will take place during the STM Volleyball Appreciation Night on September 10.

5th & 6th grade 2-ball serving preliminaries: August 21, 6-7:30 p.m.
7th & 8th grade 2-ball serving preliminaries: August 21, 7:30- 9:00 p.m.

STM Athletics Volleyball Appreciation Night on September 10, includes the Volleyball 2-ball serving finals for 5-8th grade boy and girl finalists, and 6th, 7th, and 8th grade girls vs. boys team matches. Concessions will be sold including an Ice Cream Sundae bar. Also be sure to stop by the STM Volleyball Merch table and pick up some STM swag!

Turn in the registration form below at the ATHLETICS TABLE when you come to the STM Back to School Fair on August 13/14, or email the information below to Kim Power (kimpower21@gmail.com) with the subject: Volleyball Appreciation. You will have the opportunity to order t-shirt(s); an order form will be emailed out shortly. Shirts will be distributed on appreciation night.



ST. THOMAS MORE
2-BALL VOLLEYBALL SERVING COMPETITION AND
VOLLEYBALL APPRECIATION NIGHT

DATES TO REMEMBER

- August 21, 6-7:30 p.m. 5th & 6th grade 2-ball serving preliminaries
- August 21, 7:30- 9:00 p.m. 7th & 8th grade 2-ball serving preliminaries
- September 10, 5:30-9:00 p.m. Volleyball Appreciation Night and 2-ball serving finals

PARTICIPANT'S NAME: _____

MY PARTNER'S NAME IS: _____

WE ARE IN GRADE: _____

To register for the volleyball 2-ball serving competition, just complete this form and drop it off at the Athletics Commission Table at the Back to School Fair on August 13 and 14, or email your child's name, partner's name, and grade level to: kimpower21@gmail.com with the subject: volleyball appreciation.

