



# The Barrister

*"Prefer nothing to the love of Christ."*

April 15, 2010

*April 16 is the Feast of St. Bernadette*



*Our Patron Saint*

*Sts. Benedict and Scholastica*

## Requiescat in pace, Sister Beatrice



Many will remember **Sister Beatrice** from her many years in ministry at St. Thomas More. Sister Beatrice was church organist and gave piano lessons to many STMS students.

On Wednesday morning, as the bells rang calling the Sisters to morning prayer, God called Sister Beatrice home to Heaven.

Cards/Letters of Condolence  
may be sent to:

**Sister Phyllis McMurray, O.S.B.**  
**Prioress**  
**Sisters of St. Benedict**  
**St. Mary Monastery**  
**2200 88th Avenue West**  
**Rock Island, IL 61201**

Thank you Sister Beatrice for the many years of LOVE you so unselfishly gave to the children and adults of St. Thomas More.

## Parents' Prayer

Most loving Father, the example of parenthood, You have entrusted our children to us to bring them up for You and prepare them for everlasting life. Assist us with Your grace, that we may fulfill this sacred duty with competence and love. Teach what to give and what to withhold. Show us when to reprove, when to praise and when to be silent. Make us gentle and considerate, yet firm and watchful. Keep us from the weakness of indulgence and the excess of severity. Give us the courage to be disliked sometimes by our children, when we must do necessary things which are displeasing in their eyes. Give us the imagination to enter their world in order to understand and guide them. Grant us all the virtues we need to lead them by word and example in the ways of wisdom and piety. One day, with them, may we enter in the joys of our true and lasting home with You in heaven.

Dear STM TRIP Families:

### Visa Prepaid Cards to be Discontinued



As soon as Great Lakes Scrip Center's current inventory is depleted, we will no longer be offering the Visa Prepaid Card in any denomination. The new federal Credit Card Act legislation will make offering these cards for scrip fundraising extremely difficult. Those difficulties will greatly reduce the fundraising for our NPO customers and make it unprofitable for our Visa card issuer. We apologize for the extremely short notice, but we have been working diligently to find a solution and concluded, just today, that it is not feasible. We anticipate beginning to run out of stock as soon as the end of this week.

The American Express Gift Cards will still be offered for sale in \$25, \$100, and \$200 denominations, without expiration dates or service fees. Their business model is different than the Visa card, and will not be impacted by the new regulations.

Thank you.

Susan Anglin  
STM TRIP Coordinator



# ALERT

## FROM THE CROSSING GUARD...

Some parents who are driving north on Calumet Ave (coming to collect their children at 3 o'clock) are disregarding the red light on Lions Club Drive and Calumet Ave. Instead of stopping at the red light and waiting to turn right onto Lions Club Drive, when no pedestrians are crossing ( the pedestrians are middle school and high school students), they do not stop at the red light, but rather just make their turn. In a couple cases they have almost hit students crossing. Erin Gomez, the crossing guard, reports that she will take down license plate numbers and the people will be fined \$100.00 for not yielding to pedestrians in the crosswalk.

ALERT

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## CONGRATULATIONS

### MRS. GURNAK



*Mrs. Gurnak, Jr. High Language Arts Teacher, will be honored by the Bishop for 20 years of service to the Diocese of Gary Catholic Schools. God Bless you!*



## April is MATH AWARENESS MONTH:

STMS will be participating in the annual observance of Math Awareness Month through a number of activities. MAM is sponsored by the Joint Policy Board for Mathematics (JPBM), which has selected "Mathematics and Sports" as the theme for MAM 2010. Check out the website:

[www.mathaware.org](http://www.mathaware.org)

## HAPPY BIRTHDAY, YOUR HOLINESS



Our Holy Father, His Holiness, **Pope Benedict XVI** will be 83 this coming Friday, April 16th. Please keep His Holiness, the Vicar of Christ, in your prayers.

When our Blessed Mother appeared to the children at Fatima, She told the children that the Pope will be persecuted, as will the Church. We see this coming to fruition today. Blessed Mother has urged all people to pray the Rosary daily for our Holy Father and our Holy Catholic Church. **Let's all do this.**

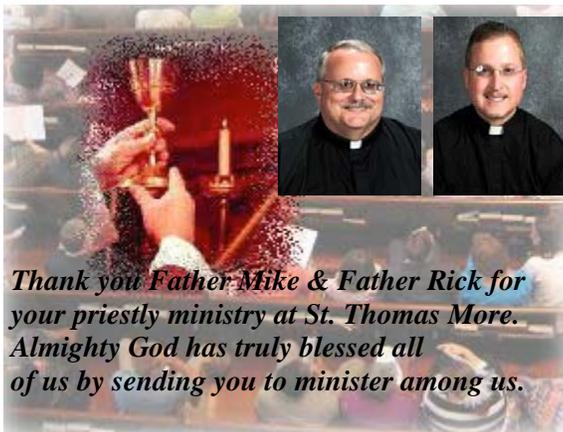


## Something from "The Good Old Days" Returns to STMS ...

Those parents who attended STMS in "The Good Old Days" will remember bringing their teacher a stamped, addressed (parents name!) envelope in order for the final report card of the year to be mailed. We are returning to this practice.

Please begin now to send your child (each child must have his/her own stamped, addressed envelope) with the envelope to his/her homeroom teacher. **Thank you.**  
(Posting # 3)





*Thank you Father Mike & Father Rick for your priestly ministry at St. Thomas More. Almighty God has truly blessed all of us by sending you to minister among us.*



**ERROR CORRECTED!**

In last week's *Barrister*, 7th Grade student **Matt Williams'** name was omitted from those students attending the 2010 Regional Science Fair.



Congratulations, Matt!

I apologize for the error.



Gracious God,  
 thank You for the gift of Catholic education.  
 Day after day, week after week, You give us many opportunities to know Your great love, peace, and forgiveness.  
 Help us respond to Your Good News and the *good news of Catholic education.*  
 Amen.

**"Catholic education is an expression of the mission entrusted by Jesus to the Church He founded. Through education the Church seeks to prepare its members to proclaim the Good News and to translate this proclamation into action."**

**The Regina Coeli**

("Queen of Heaven"), an ancient Latin Marian Hymn of the Church.

The *Regina Coeli* is sung or recited in place of the Angelus during the Easter season, from Holy Saturday through Pentecost Sunday.

The author is unknown. We are told that St Gregory the Great heard angels chanting the first three lines one Easter morning in Rome, while following barefoot in a great religious procession the icon of the Virgin painted by St. Luke the Evangelist. He was there-upon inspired to add the fourth line.

Ever wonder why the bells of St. Thomas More Church ring at 12:00 and at 6:00 PM? When you hear them, it is a traditional Catholic practice to stop and recite *The Angelus*.

During the Easter season we substitute *The Regina Coeli*.

**The Angelus**

The Angel of the Lord declared to Mary:  
 And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord: Be it done unto me according to Thy word.

Hail Mary . . .

And the Word was made Flesh: And dwelt among us.

Hail Mary . . .

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

## *Sister Beatrice was truly loved.*

Sister Bea

Over sixty one years ago  
you listened to God's call  
and you responded.

You became a God-seeker.

Fidelity to the monastic way of life  
has been evident in your daily living.

Life was not without challenges for you  
But with deep faith you faced the challenges  
with a gentle smile and your Fiat.

Your gift of music  
touched countless children and adults  
to develop their musical talents.  
With your encouragement and direction  
cantors and choirs enhanced  
the liturgical celebrations.

Your hours of practice  
resulted in beautiful, inspiring music.  
You more than "tickled the keys".  
You filled the church or chapel with  
Wonderful melodious sound.

Now you are preparing  
to answer another call.  
A call to enjoy eternal peace and happiness.  
To enjoy what eye has never seen,  
or ear has ever heard,  
the wonder-filled heaven  
prepared for those who love God.

The name Beatrice  
means blessed, happy, bringer of joy.  
You have lived up to that name.

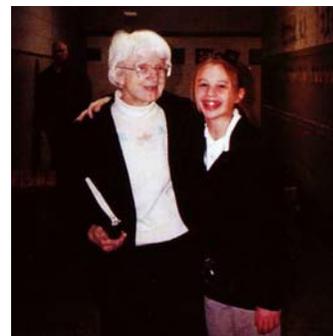
Written by:

Sister. Marilyn Hettinger, O.S.B.

April 2010



Sr. Mary Jean Sr. Beatrice



# The Counselor Corner

*Mrs. A. McCabe*  
*Guidance Counselor*

Although it is the adults in a family who divorce each other, children are always very affected by divorce and the implications that a family split brings. Statistics show that approximately 50 percent of all marriages end in divorce. It really should be of little surprise that many children and young adults are in need of support due to family breakup issues. Here are some tips and practical strategies to help children through the difficult time around divorce.

It is important if both parents together, and at an appropriate time, talk about the divorce to their children. If the family unit is together than questions can be asked and all family members are hearing the same messages at the same time. Of course there are situations when sitting together as a family unit is not possible. When this occurs it is important that the adult who is explaining the situation does not talk in a negative, degrading way of the other parent. After all, the children are still in need of both parents, not just one, and if the children are hearing about adult issues from the parent then they may begin to feel that they have to choose sides. Parents should not put their children in the situation of taking sides, being a friend to talk to and a replacement for a partner. Not only are the parents mourning the loss of their marriage, the children are mourning the loss of the family unit. Their lives will be changing drastically and in order for the process to happen with little negative impact the adults should make an intentional effort to keep their issues away from the children.

Although the family's personal business is a private issue, telling your child's teacher what's happening is important. The teacher may notice a change in your child's demeanor, behavior or school work and informing them of the changes to your family circumstances will allow them to better care for your child at this time. When a teacher is aware of impending divorces, they are more than willing to support their student in any way possible.

During the talk about divorce it is important that the children are reassured that everything in their future will be ok. Things may no longer be the same as they were, but in the long run they will be ok. Remind them that they are loved by both parents and that this is one constant that will not change. Reassure them that both parents will continue to care for them and be involved in their lives, but that Mom and Dad will be living in different places.

By nature children are very flexible and adaptable but they will still need adjustment time to process what has happened to their family. Some will need a period of grieving and although they may have difficulty expressing it, they will be mourning the loss of the family structure they have known and been familiar with. Remember that any sadness in time, with support, love and understanding, will pass.

Helping children with divorce starts with honest communication and relies upon them being able to envision a positive future for their new-style family.

W E L C O M E T O



Home of the Fighting Braves

Merrillville, Indiana

### Attention Class of 2014!

Andean has Freshman Registration on April 20, 2010 from 3:30-6:30pm. Please use **Entrance A**.

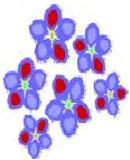
*Important Message from Andean*

**Please remember to bring your Holy Childhood Center Boxes to school by Friday, April 16.**

Please see Mrs. Block, in Room 226, if you have any questions. Thank you for your generosity.

## CALENDAR OF EVENTS ...

- April 21 Administrative Assistants Day
- April 23 Mother/Son Dance (Gr. 4-8)  
**6:30-8:30 Gym**  
**Reservations CLOSED**
- April 26 ISTEP+ Testing Begins
- April 30 4th Quarter Progress Reports



*Remember what "they" say about April Showers ...*



**Please remember to check EDLINE daily - especially during this 4th quarter.**



Not seeing homework come home??? PLEASE call, or email, The teacher(s) ... Homework **is** being assigned. (Sorry kids...)

1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends. **The one sport in which neither the spectators nor the participants know the score or the leader until the contest ends: Boxing.**

2. What famous North American landmark is constantly moving backward? **North American landmark constantly moving backward: Niagara Falls . (The rim is worn down about two and a half feet each year because of the millions of gallons of water that rush over it every minute.)**

3. Of all vegetables, only two can live to produce on their own for several growing seasons. All other vegetables must be replanted every year. What are the only two perennial vegetables? **Only two vegetables that can live to produce on their own for several growing seasons: Asparagus and rhubarb.**

4. What fruit has its seeds on the outside? **The fruit with its seeds on the outside: Strawberry.**

5. Only three words in standard English begin with the letters ' dw' and they are all common words. Name two of them.. **Three English words beginning with dw: Dwarf, dwell and dwindle...**

6. There are 14 punctuation marks in English grammar. Can you name at least half of them? **Fourteen punctuation marks in English grammar: Period, comma, colon, semicolon, dash, hyphen, apostrophe, question mark, exclamation point, quotation mark, brackets, parenthesis, braces, and ellipses.**

7. Name the only vegetable or fruit that is never sold frozen, canned, processed, cooked, or in any other form except fresh. **The only vegetable or fruit never sold frozen, canned, processed, cooked, or in any other form but fresh: Lettuce.**

8. Name 6 or more things that you can wear on your feet beginning with the letter 'S.' **Six or more things you can wear on your feet beginning with 'S': Shoes, socks, sandals, sneakers, slippers, skis, skates, snowshoes, stockings, stilts.**

**How did YOU do?**

**Answers in Green ...**

# **SPRING INTO HEALTH & FITNESS**

## **by starting with a strong, active family**

Unfortunately, less than 60 percent of adults are physically active on a regular basis. And 25 percent aren't active at all. Inactive people have a higher risk of heart disease, diabetes, high blood pressure and obesity. So, to build a family based on healthy habits, it's up to you to set the tone at home.

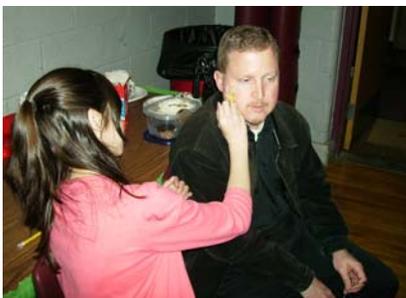
There are many ways families can have fun and get physically active together. And your kids' 60 minutes of physical activity each day don't need to be completed all at once. Just help them get moderate and vigorous activity for 10 or 15 minutes several times throughout the day.

### **Step 1 - De-Activate Your Screens**

- **TV Time-Out:** Time spent watching TV, playing video games or surfing the Internet is time your kids could be using to stay physically active.
  - **Unglue Yourself:** Your kids won't like cutting back on Screen Time if they see you as the family couch potato. The best way to influence their behavior is to set a good example.
  - **No Re-runs:** Change things up to keep activity interesting. Try physical activities that offer variety such as shooting hoops, walking the dog, playing catch or riding bikes.
- Pre-Screening:** Have your kids pick their favorite shows each week. Turn on the TV just for those shows, and then turn it off afterwards. That way, they won't end up watching whatever comes on next.

### **Step 2 – Get Fit as a Family**

- **Walk the Walk:** Eat dinner as a family, and then go for a walk together.
  - **Game of the Week:** Spend a Saturday or Sunday afternoon skating, biking, hiking, or playing touch football.
  - **Form a Team:** Sign up for a family fun run, fun walk, etc.
  - **Sign Up:** The local Parks department offers a wide variety of activity-based programs and lessons that all can enjoy.
- Tackle Chores:** Do housework, gardening, or yard work together.



Father Rick gets into the fun of SPRING FEST and gets his face painted!



**Face Painting, by the Art Club, at SPRING FEST.**

# S.T.M. LUNCH MENU – WEEK OF APRIL 19, 2010

Daily Ala Cartes: Salads—Large-\$2.25; Small-\$1.80 Yogurt--\$0.70 Milk--\$0.45

## Monday, April 19

Hamburger/Cheeseburger  
French Fries  
Pickle Spear  
Applesauce  
Pudding  
Milk

*Ala Carte: Burger \$1.50*

## Monday Volunteers

Denise Smith  
Maria Cano

## Tuesday, April 20

Chicken Patty  
Mashed Potatoes/Gravy  
Broccoli  
Cake  
Pears  
Milk

## Tuesday Volunteers

Chris O'Brien  
Kathy Davidson  
Sue Doherty

## Wednesday, April 21

Pepperoni Pizza  
Corn  
Mixed Fruit  
Vanilla Wafers  
Milk

*Ala Carte: Pizza \$1.50*

## Wednesday Volunteers

Nita Barajas  
Patti Gething  
Alicia Zaleski

## Thursday, April 22

Tacos-Hard/Soft  
Lettuce/Cheese  
Tater Tots  
Pineapple Tidbits  
Jello  
Milk

*Ala Carte: Taco \$1.20*

## Thursday Volunteers

Diane Beckman  
Amy Wiess  
Andrew Lerma

## Friday, April 23

Spaghetti w/ Tomato Sauce  
Cheese Slice  
Green Beans  
Mozzarella Cheese Toast  
Peaches  
Milk

## Friday Volunteers

Chris Balbo  
Martha Smith  
Alice Balbo



The milk products at Pleasantview Dairy are **hormone free.**

## IMPORTANT REMINDERS

Menu subject to change.

Hot Lunch Prices: Student - \$1.85/day      5 days - \$9.25      20 days - \$37.00  
Adult - \$2.50/day

Cash or checks made out to STM are accepted.

Families with more than one student eating hot lunch are encouraged to send in ONE check (or cash) in one envelope. Money will be divided between siblings accordingly.

Days not used are credited for future use. **There is a \$-9.00 charge limit per account. If students do not bring in money after 5 charges, they will not be allowed in the hot lunch line until payment is made. However, students will be offered a peanut butter or cheese sandwich if they have nothing else to eat.**

Students should turn in payment in a SEALED envelope labeled with the following information:

**Lunch Money, Student First and Last Name, Teacher Name, Amount Enclosed**

E-mail Mrs. Murray for lunch account balance inquires: [lmurray@stm-school.com](mailto:lmurray@stm-school.com)

Remember to check Edline for the monthly menu and the cafeteria volunteer list.

*Flyers available  
in the School Office.*

# PURDUE

CALUMET

## SUMMER BASKETBALL CAMPS 2010

### GIRLS FUNDAMENTAL BASKETBALL CAMP

June 14 - 17, 2010  
Girls Grade 3 - 8  
8:30 AM - 11:00 AM

Girls Grade 9 - 12  
Noon - 3:00 PM

### CO-ED BASKETBALL CAMP

June 21 - 24, 2010  
Boys & Girls  
Grades 4 through 8  
9:00 AM - Noon

Return completed form to:  
Purdue University Calumet  
Health, Recreation & Sports  
2300 173<sup>rd</sup> Street  
Hammond, IN 46323  
Phone: (219) 989-2540



**PJUC**  
PEREGRINES

# PURDUE

CALUMET

## SUMMER CAMPS 2010

### JUNIOR GOLF CLINIC

Boys & Girls Gr. 3 to 8  
June 28 - July 1, 2010  
July 13 - 16, 2010

11:00 AM - 12:30 PM

### VOLLEYBALL SKILLS CAMP

June 28 - July 1, 2010  
Boys & Girls Gr. 3 to 5  
9:00 AM - 10:00 AM

Grades 6 to 8  
10:00 AM - 11:30 AM

Return completed form to:  
Purdue University Calumet  
Health, Recreation & Sports  
2300 173<sup>rd</sup> Street  
Hammond, IN 46323  
Phone: (219) 989-2540



**PJUC**  
PEREGRINES